

### Support Groups

Support Group	What it is?	Want to learn more?
<b>Australian Pain Management Support Groups</b>	This group assists people and their families living with chronic pain. There are different branches all over Australia.	Click <a href="#">HERE</a>
<b>Sydney Online</b>	An online meeting for people living with chronic pain, via zoom, with 4 face-to-face meetings per year.	Click <a href="#">HERE</a>
<b>Chronic Pain Australia Forum</b>	CPA hosts a forum on its website for people living with chronic pain. The forum is an online community to support and empower one another.	Click <a href="#">HERE</a>
<b>Beyond Blue</b>	An online forum for people with chronic physical illness. Also has online forums for people dealing with depression, anxiety and other emotional health issues.	Click <a href="#">HERE</a>
<b>Dragon Claw</b>	An internet community for people and their families dealing with autoimmune disorders.	Click <a href="#">HERE</a>
<b>Arthritis and Osteoporosis NSW Community Group</b>	More than 35 branches across NSW helping support people living with arthritis and osteoporosis.	Click <a href="#">HERE</a>
<b>Musculoskeletal Australia Support Group</b>	Over 40 support groups across Australian that meet in person and online to support people dealing with musculoskeletal conditions.	Click <a href="#">HERE</a>
<b>Purple Bucket Foundation.</b>	A support group for people and their families affected by CRPS.	Click <a href="#">HERE</a>
<b>Humankind</b>	A support group for people living with chronic illness and for their loved ones. Helping to achieve positive relationships and connection.	Click <a href="#">HERE</a>

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<b>Endometriosis Australia</b>	A face-to-face and online support group for women dealing with endometriosis	Click <a href="#">HERE</a>
<b>Carer Gateway</b>	A fantastic resource by the Australian Government for people caring for those living with chronic illness. It provides resources, counselling, respite, support and transportation.	Click <a href="#">HERE</a>
<b>Diamond Facts Chronic Pain Support Group</b>	A closed Facebook group, that is friendly, caring and supportive of people feeling alone and suffering from chronic pain.	Click <a href="#">HERE</a>
<b>Australian Chronic Pain Sufferers Group</b>	A Facebook support group for people living with chronic pain, their families and friends.	Click <a href="#">HERE</a>
<b>Occipital Neuralgia Australia</b>	A closed Facebook group supporting people living with occipital neuralgia.	Click <a href="#">HERE</a>